



Safety & Environmental Newsletter



September 2018 Issue – 82nd Edition

2019 Environmental Management System (EMS) High Priorities

Have you ever wondered how Wallops arrives at the Environmental Management System (EMS) High Priorities each year? Every August all environmental programs are scored based on their risk to safety and health, natural and cultural resources, legal and regulatory, mission and institution capability, reputation and stakeholder interest, cost, and mission schedule as well as the probability that the impact or benefit will occur during the upcoming fiscal year. After review by a project team of representatives from various NASA, contractor, and tenant organizations, WFF Senior management approved the 2018 High Priorities on September 13, 2018. The 2019 High Priorities are:



Environmental Planning
Natural Resources
Site Restoration
Sustainability



WALLOPS BEACH CLEAN-UP SATURDAY, OCTOBER 13, 2018

WFF has rescheduled its annual beach clean-up. It now will be held on Saturday October 13, 2018. Please plan to meet at the Wallops Island gate at 9:00 am. Don't forget to bring your NASA badge, gloves, insect repellent, and water. To register, please email Marianne.F.Simko@nasa.gov or call x 2127.





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Happy Energy Awareness Month!

October is National Energy Awareness Month, a perfect time to start good energy saving habits. Here are some tips of things you can start today to work toward a sustainable future that will reduce your energy footprint and **save you money!**



Lighting

- Replace incandescent light bulbs with compact fluorescent bulbs (CFLs). CFLs use 75% less electricity and produce 90% less heat
- Make sure bulbs do not exceed the recommended wattage indicated on the light socket.
- One larger wattage bulb is more efficient than two smaller wattage bulbs.
- Directed light, such as for reading, is more efficient than brightly lighting an entire room.



Heating and Cooling

- Install a programmable thermostat. This can save 10-20% of your energy use.
- Set your thermostat to 78°F in the summer and 68°F in the winter. Every degree of extra heating or cooling will increase energy usage 6% to 8%.
- On warm days raise your thermostat to 80°F or higher if leaving for more than four hours
- Use ceiling or portable fans. Fans move the air and make the room feel four to six degrees cooler, and will use much less energy than the air conditioner.
- Keep windows and door shut tight. Going in and out of the house repeatedly will make your air conditioner or furnace work harder.
- Use shades or curtains to block the sun and heat during warm weather and open them to let the sun warm your home during cooler months.



Appliances

- Minimize opening and closing your refrigerator and freezer and keep it full. Refrigerators and freezers actually operate most efficiently when full.
- Set temperature to 120°F if your dishwasher has its own water heater, otherwise set it at 140°F
- Only run dishwashers and clothes washers when fully loaded. This will save water in addition to electricity. Use cold water for laundry.
- Use the air-dry setting on your dishwasher. Using the heat-dry setting can also heat the kitchen, causing the air conditioner to run more.
- Using dishwashers and clothes washers/dryers at night will keep the house cooler and reduce strain on the power grid during the peak usage hours of 4 PM and 6 PM.

celebrating
energy awareness month





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Halloween Health and Safety Tips

S

Swords, knives, and similar costume accessories should be short, soft, and flexible.

A

Avoid trick-or-treating alone. Walk in groups or with a trusted adult.

F

Fasten reflective tape to costumes and bags to help drivers see you.

E

Examine all treats for choking hazards and tampering before eating them. Limit the amount of treats you eat.

H

Hold a flashlight while trick-or-treating to help you see and others see you. Always WALK and don't run from house to house.

A

Always test make-up in a small area first. Remove it before bedtime to prevent possible skin and eye irritation.

L

Look both ways before crossing the street. Use established crosswalks wherever possible.

L

Lower your risk for serious eye injury by not wearing decorative contact lenses.

O

Only walk on sidewalks whenever possible or on the far edge of the road facing traffic to stay safe.

W

Wear well-fitting masks, costumes, and shoes to avoid blocked vision, trips, and falls.

E

Eat only factory-wrapped treats. Avoid eating homemade treats made by strangers.

E

Enter homes only if you're with a trusted adult. Only visit well-lit houses. Don't stop at dark houses. Never accept rides from strangers.

N

Never walk near lit candles or luminaries. Be sure to wear flame-resistant costumes.

For more information about these tips, visit: www.cdc.gov/family/halloween

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U. S. Department of Health and Human Services
Centers for Disease Control and Prevention

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