



Safety & Environmental Newsletter



November 2017 Issue – 75th Edition

Single Stream Recycling Frequently Asked Questions

Can pizza boxes be recycled?

Yes and no. If you remove the insert or have a pizza box without grease on it, then it can be recycled. If the box has cheese or grease residue on it, then it cannot be recycled. If you have a pizza box that is greasy on the bottom, but the lid is free of grease, then you can separate the two sections, placing the clean lid in the recycling container and the greasy bottom in the trash.



Why is it important to sort my recyclables according to guidelines?

The processing facility is made of sorting mechanisms designed to produce the highest quality materials at a manageable cost. Too much time spent picking contaminants out of the material stream or unclogging machinery increases expenses and decreases the quality of material that is sold to end-markets. It is important to remember that your recycled materials will be used to make new products, so it is important to follow the guidelines on what is recyclable and what is not.

Can cartons be recycled?

Yes! Food and beverage cartons (ex: half and half, milk) can be recycled. Juice boxes or soup boxes cannot be recycled.

#BeRecycled Tip of the Month



'Tis the season of abundant tinfoil and baking trays. Remember, if you rinse and dry them, they can be recycled after this year's holiday feasts.

IWantToBeRecycled.org



What can I place in the recycling bin?

RECYCLING GUIDE

RECYCLABLES

Aluminum Cans
Plastics Bottles
Mixed Paper
Steel & Tin Cans
Glass Bottles & Jars
Empty Food Boxes
Cardboard
Newspaper
Magazines
Food & Beverage Cartons
Junk Mail
Phone Books

NON-RECYCLABLES

Food Waste
Plastic Bags
Electronics
Hazardous Waste
Styrofoam
Light Bulbs
Bubble Wrap
Wood
Yard Clippings
Hypodermic Needles
Aerosol/Paint Cans
Toys

What happens to my recyclables?

After your recyclables are collected, they are transported to TFC Recycling's Material Recovery Facility (MRF). The recyclable mixed paper is baled and placed into large tractor-trailers and hauled to a paper mill for recycling. The bottles and cans (containers) are sorted using mechanical equipment. Some of the TFC plant workers also sort as the material moves along the conveyor belts. Once the containers are sorted into type (aluminum, plastic, glass, etc.) they are compacted and baled. After this process, they are hauled to a variety of companies that use the material as feedstock for new products.

If a product has a "recycle" symbol on it, doesn't that mean it's recyclable?

Not always. The triangular symbol we typically associate with recyclable items is not an indication that an item can be recycled. Only #1 and #2 plastic food and beverage containers can be placed in the recycling container at WFF.





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Drive Safely as it gets Darker

When Daylight Saving Time ends many people find themselves spending more time driving in the dark. Shorter days, fatigue, compromised night vision, rush hour and impaired drivers all contribute to making driving at night more dangerous than any other time of day. Depth perception, color recognition and peripheral vision can be compromised in the dark, and the glare of headlights from an oncoming vehicle can temporarily blind a driver. What should you do to combat darkness?

- Make sure headlights are clean and aimed correctly.
- Dim your dashboard.
- Look away from oncoming lights.
- If you wear glasses, make sure they're anti-reflective.
- Clean the windshield to eliminate streaks.
- Slow down to compensate for limited visibility and reduced stopping time.

Drowsy driving puts everyone on the road at risk. Losing two hours of sleep has the same effect on driving as having three beers, and tired drivers are three times more likely to be in a car crash if they are fatigued.

The National Sleep Foundation offers this advice:

- Get seven or more hours of sleep a night.
- Don't drive if you've been awake for 16 hours or more.
- Stop every two hours to rest.
- Pull over and take a nap if you're drowsy.
- Travel during times you are normally awake.

Dark winter evening rush hour is a dangerous time to drive due to crowded roadways and drivers eager to get home after work. Make sure you:

- Pay attention to weather conditions and the effect on the road. Prepare now for high wind, rain, and snow.

- Stay in your lane and beware of drivers who dart from lane to lane.
- Even though the route may be familiar, don't go on autopilot; stay alert. In unfamiliar areas, consult a map before you go and memorize your route.
- Don't touch your phone, eat, drink or do other things that are distracting.

It doesn't matter whether the road is familiar or not, driving at night is always more dangerous.

Safety Tips for the Holidays

- Don't post any information that you are on vacation on social media. Wait until you return to give details of your trip.
- Make your home appear occupied. Leave a TV or radio on so it looks like you're inside. Leave lights on when you leave at night. Floodlights are a wonderful deterrent for thieves.
- Never leave gifts or anything of value visible inside your vehicle, even if you cover them up with a blanket, jacket, etc.
- If you carry a purse, it is best to take it with you instead of locking it in a trunk. Thieves watch for you to do this in parking lots. Never leave your purse unattended in your shopping cart. Always keep your purse closed. Zip, snap, or buckle it shut. If you leave it open a thief could easily reach in and remove your wallet.
- Be aware of your surroundings. Thieves will try all kinds of ways to get close to you so they can get what you have. Walk with confidence and stay in groups.
- Park in a well lit parking lot. If you feel uncomfortable walking to your car alone, most places will be happy to have security accompany you.

Health and Well-being

Change your clock, Prevent Carbon Monoxide Poisoning



CHANGE your batteries

- Tip: When you change your clocks, it's also a great time to check the batteries in your smoke alarms and carbon monoxide detectors.

Protect yourself against the flu

- Autumn is the start of flu season, and doctors recommended everyone 6 months and older gets vaccinated against the flu.
- The WFF Health Unit will be administering **FREE** flu shots on 11/14/2018 at the new Firehouse (V-27) from 11:30-1:00 pm, or by appointment.

- For more information or to make an appointment please call 757-824-1266.

